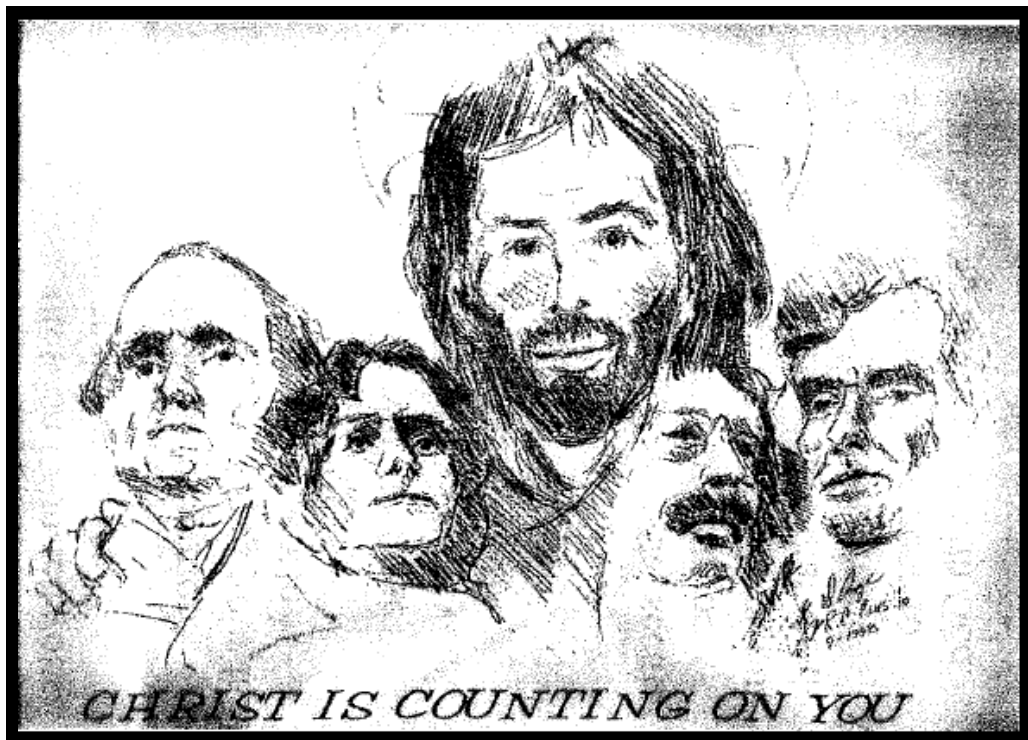


2009 Pastoral Plan



Diocese of Rapid City

Cursillo Movement

2009 Pastoral Plan for the Diocese of Rapid City Cursillo Movement

As the Secretariat of the Rapid City Diocese Cursillo Movement, we the undersigned agree to actively support each other in accomplishing the goals we here by affirm are ours and are contained in this document:

Spiritual Advisor:
Fr. Andrzej Wyrostek

Fr. Andrzej Wyrostek M.Div.

Lay Director:
Hugh Brechtel

Hugh Brechtel

Secretary:
Ed Hubbeling

Ed Hubbeling

Treasurer:
Audrey Lang

Audrey Lang

Pre-Cursillo chairperson:
Jerry Kocher

Jerry Kocher

3-Day Cursillo chairperson:
Shirley Drimmel

Shirley Drimmel

Post-Cursillo chairperson:
Clarie Melvin

Clarie Melvin

School Of Leaders:
Lynda Jacquot-Imberi

Lynda Jacquot - Imberi

Dated: September 18, 2009

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VISION STATEMENT

Our Diocese of Rapid City Cursillo Movement is an agent of change which serves to leaven environments for the Christian transformation of society's moral and ethical values.

MISSION STATEMENT

As part of Roman Catholic Church our movement is committed to spreading the Gospel message utilizing a specific method and strategy in the support of our bishop. We, the Leaders of the Movement are fervently committed to communicating, supporting and enabling Catholics to live what is fundamental to being a Christian in all of the environments they find themselves.

SECRETARIAT

Purpose

Oversee the authenticity of the Diocese of Rapid City Cursillo and unify the activities of the movement while inspiring, encouraging, empowering, and leading with a spirit of service.

Objective:

1. Build a team of servants, that will prayerfully guide the movement with honor and grace
 - a. Make sure all committees are represented at every Secretariat meeting.
 - b. Ensure that multiple people are nominated by the School of Leaders nominations committee, for each position to be elected.
 - c. Elect members that are willing to put service to the movement ahead of personal agendas.
2. Empower the School of Leaders by giving them ownership of the movement's future
 - a. Promote and utilize it as the working arm of the movement
 - b. Help it establish committees that embrace the pastoral plan and actively work on its goals
 - c. Use it to get consensus and as a filter for all actions to be taken by the Secretariat
3. Manage the organizational business of the movement effectively
 - a. Continually look for ways to encourage and assist Cursillistas who are trying to use and share the gift of the method.
 - b. Effectively incorporate Spiritual direction into every Cursillo activity
 - c. Be responsive to our Bishop's desires for the Diocese, cognizant of Regional goals, supportive of National's intent and actively promote them all.

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Secretariat (continued)

Goals

SHORT TERM (1 yr)

1. Approve a "SMART" goal based Pastoral Plan, by the end of this term, that uses committee action as the focus
2. Handle the business of the movement using monthly Secretariat meetings where all committees are represented by their chairman or a proxy
3. Keep team members accountable by reviewing committee progress ,towards their goals, at the monthly meetings
4. During November, have elections to fill completed secretariat terms, to take office in January.
5. Assure we have the bishop's support of Cursillo in the Rapid City Diocese by:
 - a. Asking for the appoint a Lay Director annually
 - b. Requesting approval of the Secretariat members after the annual election
 - c. Reviewing progress toward the Pastoral Plan goals every 6 months and provide a report to him on our successes and our new highest priority goals
 - d. Having the Lay Director and SOL Chairman make an appointment with the Bishop at least annually to discuss his satisfaction with our performance as a movement
6. Pay Dues to Regional and National each September and provide them a report of the past year's progress
7. Have the Lay Director and potential Lay Directors attend both Regional Encounters
8. Provide financial support to have both the Spiritual Advisor and the Lay Director attend the National Encounter

INTERMEDIATE (2-3yrs):

1. Annually re-submit a current Pastoral Plan to the bishop for approval by the end of the third month of the new secretariat's term

LONG RANGE (3-5yrs)

1. Ensure we are in-step with Regional and National by getting most Secretariat members to attend Regional and National Encounters
2. Ensure that Secretariat members who want to attend Regional and National Encounters are financially supported in doing so

PRE-CURSILLO

Purpose

To study environments, select candidates through friendship, find and prepare sponsors, and assist in preparing candidates for Cursillo.

Objectives

1. To study environments by brainstorming and preparing them for Cursillo
2. To select candidates through friendship and personal contact
3. To find and prepare sponsors with a view toward Post-Cursillo by offering educational materials and activities
4. To prepare Candidates with a view toward Post Cursillo (pg 91 Leaders Manual)

Goals

SHORT TERM

1. To Study Environments by brainstorming environments and preparing environments for Cursillo.
 - a. Annually brainstorm groups of people diocesan wide with the ability to leaven their environments, including the following; those identified by the bishop of the Diocese of Rapid City, those identified by the National Cursillo Center, those looking for change in their Catholic circumstance, and areas to expand Cursillo into with Fourth Day support
 - b. Tailor a parish specific flyer with the aid of a fourth day directory by identifying and adding a parish contact person to the diocesan flyer by the end of 2009.
 - c. Make the tailored flyers available to each diocese by the end of 2010.
 - d. Place a flyer in the fall "Clergy Days" packet thereby preparing the environment by informing priests about the purpose and accomplishments of the Cursillo Movement to encourage their approval and support. (pg 84 Leaders Manual)
2. To Select Candidates through friendship assuring personal contact
 - a. Present "personal contact" topics at lay presentations during School of Leaders at least two times a year (ie. "How to Listen," "Make a Friend," "Palanca..." etc.)
 - b. Educate Cursillistas by publishing newsletter articles on "personal contact" topics described in Cursillo literature at least twice a year. Include a reminder for Cursillistas to begin their initial application process by speaking to the prospective candidate's pastor to insure all candidates satisfy the basic requirements to participate in the Catholic Cursillo Three Day Weekend

2009 Pastoral Plan for the Diocese of Rapid City Cursillo Movement

Pre-Cursillo (Continued)

3. To find and prepare sponsors with a view toward Post Cursillo by tracking forms and offering educational materials and activities
 - a. Keep a file of candidate and sponsor applications
 - b. Review applications received, attempting to assure a sponsor for each application once a year
 - c. Though active and non-active Cursillistas may submit candidates for the 3-day weekend, sponsors will be actively engaged in the Movement,
 - d. Have Sponsorship Workshop before spring 2010
 - e. Present sponsor topics at School of Leaders lay presentation or as part of a workshop once a year
 - f. Encourage Cursillistas to inform candidates on the Cursillo method by having the Candidate booklet *Cursillo, What is it* available for Cursillistas to hand out
4. To prepare Candidates with a view toward Post Cursillo
 - a. Contact sponsors when a weekend is announced to pass on the dates and confirm attendance with a "Yes" or "No"
 - b. Encourage sponsors to invite prospective candidates to Friendship Group Reunion even before a weekend when calling to affirm receipt and completeness of sponsor and application forms

INTERMEDIATE GOALS

1. Review filing procedures for candidate and sponsor forms for effectiveness and accuracy after election of the PreCursillo chairman
2. Review the Candidate and Sponsor forms for necessary revisions at least once every 3 years.
3. Identify spiritual assistants to attend Cursillo and eventually support the Cursillo weekend as a religious representative
4. Work cooperatively with Post Cursillo to identify a diocesan area in which to expand to assure Fourth Day support diocesan-wide

LONG TERM GOALS

1. Host a Sponsor Workshop every 3-5 years

THREE DAY CURSILLO

Purpose

- To provide a transition for candidates from the Pre-cursillo to the Post-cursillo.
- To educate and train candidates so they may become evangelizers.
- To help candidates discover and fulfill their personal vocations.
- To facilitate the candidates understanding of the importance of community.
- To have living and committed Christians in every environment.

Objectives

1. Support authentic 3-Day Weekend experiences
 - a. Recurrently research National/Regional documents (Nat. Cursillo Manual, Leader's Manual, Fundamental Ideas, Workshop materials)
 - b. Consult with National/Regional leadership in developing local manuals, guidelines and policies
 - c. Create an atmosphere of joy and spontaneity that expresses itself in openness, naturalness, sincerity and friendliness. (The Fundamental Ideas...)
2. Through the rollos outline what is necessary for living what is fundamental for being a Christian. (3-Day Manual)
 - a. Witness by word and by living example the Christian message bold enough to inspire imitation, expressed with true humility, giving the glory to God. (3-Day Manual)
 - b. Establish a foundation that God loves each of us and encourage an encounter with oneself, with Christ and with others
3. Ignite a desire within the candidate for a change permeating one's whole life; (The Fundamental Ideas...) and provide each individual with the tools and the method to fulfill their baptismal responsibilities, and their role as laity set forth by Vatican II
4. Foster a spirit of communal living and dialogue founded on friendship that is maintained by an understanding and application of Postcursillo tools of Group Reunion and Ultreya.
5. Integrate Cursillo's purpose within the diocesan pastoral plan in order to provide leadership for the work of the Church – to evangelize the world

2009 Pastoral Plan for the Diocese of Rapid City Cursillo Movement

Three Day Cursillo (Continued)

Goals

Short Term Goals:

1. Facilitate a Men's 3- Day Cursillo Weekend October 15 – 18, 2009 and a Women's 3-Day Cursillo Weekend October 29 – November 1, 2009.
2. Create a new Rapid City 3-Day Weekend Manual, by revising the Sioux Falls manual and that coincides with the U.S. Catholic Cursillo Manual; that is user friendly and supports an authentic Cursillo experience before the 2009 Weekends.
3. Plan another set of Weekends for late summer or early fall 2010. Set dates when there is enough candidates sponsored to support a set of weekends.
4. Encourage distant 4th Dayers to be part of the Weekends and Workshops.
5. Include a written invitation to Ultreya in the go-home packets at the end of a weekend.

Intermediate:

1. Lay Director, Spiritual Advisor, 3-Day Cursillo Chairperson meet with Weekend Coordinators immediately following a set of Weekends for evaluation; and to plan 4th day support of the new Cursillistas.
2. Collaborate with the School of Leaders to define more clearly the responsibilities of the Cursillo Chairperson and Committee, the Team Coordinator (Rector/a) and the Secretariat in preparation for and during an authentic weekend.
3. Pre-Cursillo and Cursillo Chairpersons co-sponsor at least one all day workshop, at least 4 months before each set of Weekends to provide initial team formation.
4. Utilize the National Workshops on "Sponsoring", "PreCursillo" and "PostCursillo" to continue providing a renewal program for Cursillistas and get them involved in 3 Day Weekends and PostCursillo.

Long Term:

1. Develop a large enough list of Candidates at all times to support two (2) sets of 3-day Weekend experiences somewhere in the Rapid City Diocese each year.
2. Rotate 3-Day Cursillo Weekend experiences in other parishes of the Diocese.
3. Put on a day of reflection or retreat open to all Cursillistas prior to selecting Team Coordinators for the next set of weekends.
4. Plan and develop workshops on the 3-Day Manual, team formation, and other topics that encourage strong teams.

POST-CURSILLO

Purpose

To facilitate the Cursillistas ongoing conversion and transformation of his/her environment through for Christ.

To nurture and support the Cursillista in persevering the living out of their 4th Day.

To sustain an authentic Cursillo 4th Day in our diocese, by using an active & properly functioning Cursillo structure.

Objectives

1. To bring about the Christian transformation of each Cursillista's environment, using the method of piety, study and action.
2. Providing support and perseverance through Group Reunions and Ultreyas, School of Leaders, workshops and other continued personal contact.

Goals

SHORT TERM GOALS

1. Keep an updated list of group reunions for reference to:
 - a. Encourage them to persevere
 - b. Help find a group reunion for those in the 4th Day
 - c. Facilitate the formation of new group reunions
 - d. Post locations and grouping list on the Diocese of Rapid City Cursillo movement website
 - e. Provide the group reunion list to all new candidates when they leave the 3 day week-end
 - f. Have a current group reunion list available at Ultreyas
2. Have information with places and dates in church bulletins
3. Stay in touch regularly:
 - a. Weekly group reunions
 - b. Monthly Ultreyas
 - c. Attending School of Leaders once or twice a month (if possible)
 - d. Quarterly newsletter, by e-mail and by snail mail
 - e. Annual summer picnic/potluck

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Post-Cursillo (Continued)

4. Encourage participation in the School of Leaders
 - a. By studying and learning with the Cursillo community
 - b. Not just making you eligible to serve as a rollista
 - c. Telephone reminder and/or e-mail the week before School of Leaders to those actively participating.
5. Promote the use of The Leaders' Manual, published by the National Catholic Movement of the United States, having a copy available at each function.
6. Hold a Grand Ultreya after a complete set of week-ends.
 - a. To provide an opportunity for a gathering of those who are new 4th Dayers and with the existing Cursillo community.
 - b. Answer questions about living the 4th day.
 - c. Help new Cursillistas find a group reunion suited for them if not already in one.

INTERMEDIATE GOALS

1. Have a current and ongoing list of Cursillistas, with addresses, phone #'s , and e-mails.
2. Develop more group reunions, work with the outlying communities.
3. Strive for more attendance at Ultreyas.
4. More interest from inactive Cursillistas.
5. Education on sponsorship and responsibilities.
6. Keeping outlying areas informed on events & happenings.
7. Gather the movement's history together by 2010 – including weekends held (when and where), teams, candidates attended, group pictures, tables, groups and members of the secretariat with their titles.

LONG TERM GOALS

1. Continue working for the success of Cursillistas to continue study through the School of Leaders.
2. Information through a Cursillo newsletter.
3. Emphasize the importance of authentic group reunions and ultreyas, through personal contact, workshops and School of Leaders.

ULTREYAS

Purpose

To encourage involvement in Ultreyas- especially Grand Ultreyas-by making them enjoyable (picnics, potlucks, music)

Follow the schedule as much as possible

- a. authentic (witness)
- b. spiritual direction
- c. prayerful
- d. invite new members, 4th Dayers, not active, to participate

Objectives

1. To increase Ultreya attendance, call and invite people to come and participate, also encourage inactive Cursillistas to attend
2. Keep the format simple and stick to it.
3. Keep a list of all the groups and update often..Ultreya should be a place for those who quit grouping to find a group that will work for them.
4. More groups, more ultreyas means more active, involved Cursillo.
5. Ultreya Committee will communicate well and everybody does their job, with enthusiasm, or finds a substitute.
6. Authentic witnesses by all who are living their 4th day.
7. Share the work and enthusiasm of the Ultreya Committee through attendance and participation

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Ultreya (Continued)

Goals

Short Term Goals

1. Sponsors should follow up by encouraging their candidate to attend Ultreya.
2. To have a Grand Ultreya after each set of weekend, and invite and encourage the candidates to attend.
3. Hand out Ultreya "Witness Guidelines" to each Ultreya witness in time for planning their talk.
4. To double the Ultreya attendance.
5. Get the addresses and emails of all who attend and update our list of 4th Day people and groups, with schedules of where they meet. Make sure the group information is publicized on our web site and in our newsletter.
6. Have a list of active groups at each Ultreya.

Intermediate Goals

1. Have a quarterly potluck or picnic with the Ultreya to encourage better attendance and include family for enjoyment and fellowship.
2. In 2010, form a "traveling Ultreya" team who will be responsible to aid in setting up Ultreyas in the outlying communities, where interest has been shown. This team should come from the School of Leaders
3. Inform neighboring parishes of the Rapid City Diocese Traveling Ultreya Teams for bulletin insertion at least one month before the event to encourage attendance.

Long Term Goals

1. To have 2 or 3 Ultreyas in the Diocese meeting regularly and a well attended Grand Ultreya after the weekends, inviting other diocese in the area to participate as well.
2. Ongoing Traveling Ultreya.
3. To start having Ultreyas in other parishes to better accommodate and encourage Cursillo 4th Dayers participation in other parts of the diocese.

SCHOOL OF LEADERS

Purpose

To accelerate the living of what is fundamental for being a Christian in each of its members as individuals, in the Cursillo Movement as a whole, and in the environments in which the members are situated.

To maintain the authenticity and effectiveness of the Cursillo Movement by overseeing its “continuity and development” (Fundamental Ideas, p 200).

Objectives

1. To provide ongoing spiritual growth, education and training for the leaders
2. In a spirit of unity, to work together to grow in faith and a Christian style of life
3. Be the working arm of the Movement, keeping the Movement current, and provide a framework for committees to succeed

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School of Leaders (Continued)

Goals

SHORT RANGE

1. Continue to invite and to try to find better ways to communicate with all Cursillistas by email, newsletter, parish bulletins, or calling tree
2. Continue a phone reminder a few days prior to SOL
3. Send an agenda a week or so prior to SOL members by email, printing a few for meeting as well
4. Educate using authentic Cursillo material and encourage private study in preparation for meeting, as well as for spiritual growth
5. Emphasize the power of prayer in our Movement. Begin meeting with prayer and with visit to Blessed Sacrament
6. Determine and prioritize workshops needed for all phases of Cursillo and have at least one workshop annually
7. Review Pastoral Plan every 6 months to make leadership accountable
8. Invite a person who has attended Regional or National Encounters to speak as the Lay Person talk, at next meeting of SOL
9. A doctrinal and technique talk should be given at each School of Leaders.
10. A report will be given by one attending a regional or national encounter at the following School of Leaders

iNTERMEDIATE

1. Review By-Laws and resubmit in 2012 to the bishop
2. Study the Leader's Manual when there are at least 3 new School of Leaders Members
3. Invite Regional to present a workshop at least every other year
4. Design a flyer to educate Cursillistas on the purpose and work which happens at SOL to perpetuate the Cursillo Movement in the diocese
5. Have sufficient attendance at SOL meetings to select a team for 3 day weekends from this group of people
6. Establish a plan for School of Leaders education content
7. Establish a plan for School of Leaders activities that are repetitive

LONG RANGE

1. Host a Regional Encounter by 2014

Creating S.M.A.R.T. Goals

(Specific, Measurable, Attainable , Realistic, and Timely)

(<http://www.topachievement.com/smart.html>)

Specific - A specific goal has a much greater chance of being accomplished than a general goal.

To set a specific goal you must answer the six "W" questions:

*Who: Who is involved?

*What: What do I want to accomplish?

*Where: Identify a location.

*When: Establish a time frame.

*Which: Identify requirements and constraints.

*Why: Specific reasons, purpose or benefits of accomplishing the goal.

EXAMPLE: A general goal would be, "Get in shape." But a specific goal would say, "Join a health club and workout 3 days a week."

Measurable - Establish concrete criteria for measuring progress toward the attainment of each goal you set. When you measure your progress, you stay on track, reach your target dates, and experience the exhilaration of achievement that spurs you on to continued effort required to reach your goal.

To determine if your goal is measurable, ask questions such as.....How much? How many? How will I know when it is accomplished?

Attainable - When you identify goals that are most important to you, you begin to figure out ways you can make them come true. You develop the attitudes, abilities, skills, and financial capacity to reach them. You begin seeing previously overlooked opportunities to bring yourself closer to the achievement of your goals.

You can attain most any goal you set when you plan your steps wisely and establish a time frame that allows you to carry out those steps. Goals that may have seemed far away and out of reach eventually move closer and become attainable, not because your goals shrink, but because you grow and expand to match them. When you list your goals you build your self-image. You see yourself as worthy of these goals, and develop the traits and personality that allow you to possess them.

Realistic - To be realistic, a goal must represent an objective toward which you are both *willing* and *able* to work. A goal can be both high and realistic; you are the only one who can decide just how high your goal should be. But be sure that every goal represents substantial progress. A high goal is frequently easier to reach than a low one because a low goal exerts low motivational force. Some of the hardest jobs you ever accomplished actually seem easy simply because they were a labor of love.

Your goal is probably realistic if you truly *believe* that it can be accomplished. Additional ways to know if your goal is realistic is to determine if you have accomplished anything similar in the past or ask yourself what conditions would have to exist to accomplish this goal.

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Timely - A goal should be grounded within a time frame. With no time frame tied to it there's no sense of urgency. If you want to lose 10 lbs, when do you want to lose it by? "Someday" won't work. But if you anchor it within a timeframe, "by May 1st", then you've set your unconscious mind into motion to begin working on the goal.

T can also stand for **Tangible** - A goal is tangible when you can experience it with one of the senses, that is, taste, touch, smell, sight or hearing. When your goal is tangible you have a better chance of making it specific and measurable and thus attainable.